

# Sand Tray World Play workshop going on now

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**COBOURG** — Family therapist Sandra Webb is repeating the successful experience of the Level One Sand Tray World Play workshop she held in Cobourg last March by hosting another workshop in Cobourg this week.

The session consists of three days of Level Two workshop, which will address latency and adolescent sand

play patterns and motifs, followed by two days of Level One practicum, which will deal with methodology and understanding early-childhood sand play patterns.

Sand play is a psychotherapeutic problem-solving technique for individuals, couples and families. The workshop and practicum count toward the six-level requirement for certification in this discipline.

Mrs. Webb says participants — 48 for the workshop, with 30 staying on for the

practicum — are here from as far away as Newfoundland, some western provinces, Quebec and some states.

They will be carting some heavy luggage. Participants are required to bring along a number of items including the sand tray and sand and a cast of characters — including four animals of different sizes, four vehicles, three gods or goddesses, two monsters or beasts, four soldiers or warriors, male or female, two figures showing strong

positive feelings and two showing strong negative ones — along with natural objects, three candles, plants, rocks or minerals and blocks. Participants will also need a camera, journal and Kleenex.

Mrs. Webb attributes much of the success of the March workshop to the presence of a renowned therapist, California-based Gisela Schubach De Domenico — who is returning for this month's workshop and practicum.